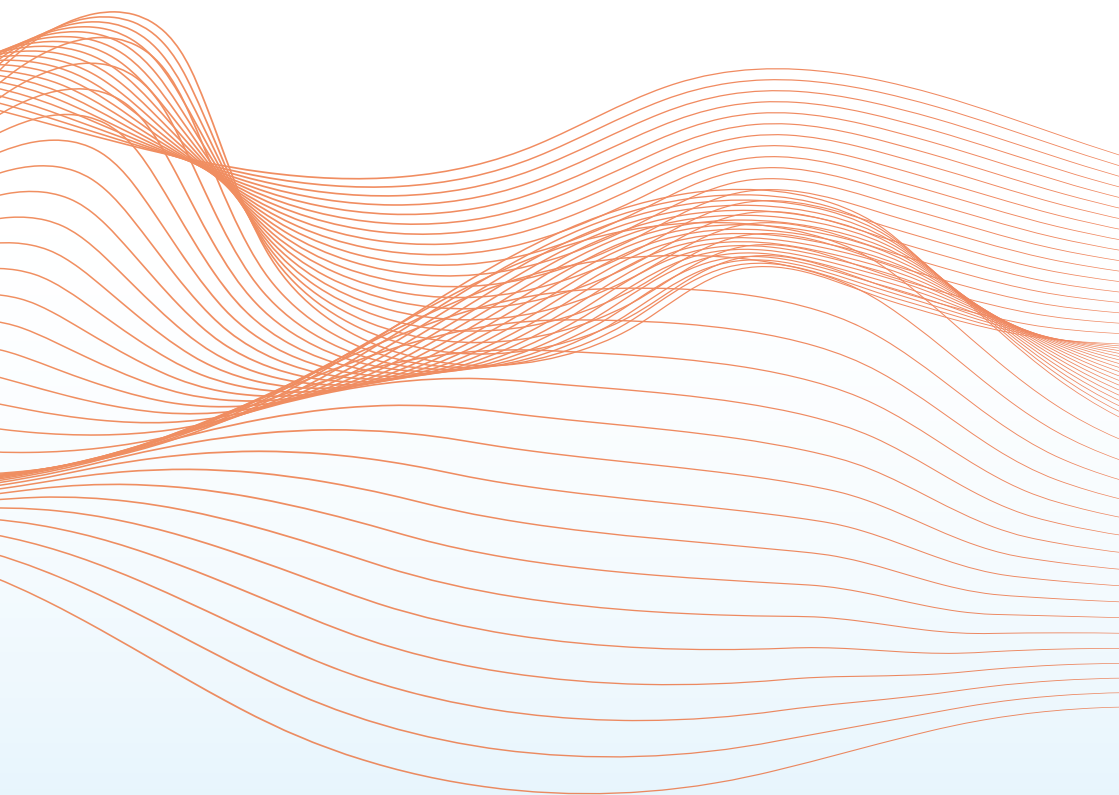


# **Guide to preparation and actions during and after the earthquake**



**DEVELOPED IN COLLABORATION WITH INTERMARK AND THE EMERGENCY  
DEPARTMENT OF ALMATY SPECIFICALLY FOR THE EUROBAK MEETING  
"WHAT TO DO DURING AN EMERGENCY"**

## OUR SERVICES

### RELOCATION



- Temporary Housing
- Orientation & Home-finding
- Schooling finding
- Legal Due Diligence
- Settling in & 24/7 Help-Desk

### IMMIGRATION



- Work Permits (all types)
- Letters of invitation & Visa support (all types, incl. outgoing visas)
- Residence Permits, Citizenship
- Notifications, Tax Number
- Police clearance certificate, duplicates of documents
- Apostille & Legalization of documents
- Consulting on non-standard cases
- Immigration due diligence
- Employer of Record & outsourcing

### MOVING



- International Moving
- Domestic Moving
- Transportation of Antiques
- Office Moving
- Pet Moving
- Vehicle Moving
- Fine Arts Moving
- Long- and Short-term Storage

## OUR SERVICES

### LEGAL SUPPORT



- Legal consulting on any topic
- Registration of legal entities
- Legal support of deal-making, legal reviewing of real estate property
- Preparation of any contracts and agreements
- Reviewing of your legal contracts, consulting on risks
- Legal representation in disputes and negotiations. Representation in court

### SUBLEASE



- Reduction in the number of vendors. Intermark is the only proprietor for all apartments
- Single payment date for all contracts
- One lease agreement (or unified draft)
- Fast signing of the agreement between Intermark and the Landlord
- First payment to the Landlord in 2-3 days by Intermark
- Lack of fiscal agent's responsibility for the Client

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**Andrey Lukash**

Intermark Strategic & Innovative Projects Director

Your safety is our priority! The region is seismically active, so it is best to be prepared in advance for different situations. We hope you find this brochure useful! We will gladly offer our help in your existing arrangements as well, including legal support, packing, and moving belongings, finding housing regarding the safety of buildings, kindergartens, and schools, organizing orientation tours, and so forth.



**Rinat Khaibullin**

Founder of "Almaty Rescue Service"

Master of Sports of international class in mountaineering



I wish everybody to stay strong and alert, not to panic in a difficult situation, to survive in any conditions, to help your relatives and save other people. Educate yourself, study experience of local and global disasters, learn more, train yourself, be ready and prepare your relatives to overcome any obstacles in your way.

## IN THE CASE OF AN EARTHQUAKE, YOU WILL BE PROVIDED WITH THE NECESSARY ASSISTANCE

### ALMALINSK DISTRICT .....



Stadium of the Almaty Public Foundation Sports and Recreation Center - Abay Ave, 159 a  
Stadium "Medic" - 108, Shevchenko str.  
Secondary School №95 - 53, Sharipova str.  
School #14 - Raiymbeka str. - Kuderin str.  
Dynamo Stadium - 89, Nauryzbai Batyr str.  
Astana Square - 108, Tole Bi str.  
Abai Opera and Ballet Theatre - 110, Kabanbay Batyr str.

### AUEZOVSKY DISTRICT .....



Secondary School №82 - 4, Akhrimenko str.  
Secondary School №97 - micro district №1  
High School №132 - "Aksai-4" Microdistrict  
Middle School № 149 - Kirovo settlement, 63, Lenina str.  
Middle School № 130 - "Tastak-1" Microdistrict  
The secondary school №72 - 16, Suleimenova str.  
Sairan" Bus Station - 294, Tole Bi str.  
Almaty Sanatorium - Kargaly village  
Kargaly hotel - 184, Zhandosov str.  
Municipal Clinical Hospital No. 2 - microdistrict No. 2, 54 Altynsarin str.

### BOSTANDYK DISTRICT .....



Stadium of the Kazakh State Academy of Architecture and Construction - 28, Ryskulbekova str.  
ATAKENT Exhibition Center - 42, Timiryazeva str.  
Central Stadium - Lenin Ave. Abaya Ave. 48  
Republic Square - Satpaeva str. - Zheltoksan str.  
Stadium Kaz NSU - ave. Al-Farabi Ave, 171  
Studio "Kazakhfilm" - Lenin Ave. Al-Farabi Ave, 116

## JETY-SUISKY DISTRICT



Professional technical lyceum No.16 - 270, Kazybaeva str.  
The square in front of the air terminal - 59, Zheltoksan str.  
Theater of the Young Spectator - Abylay-Khan Ave. Abylai Khan str. - Mametova str.  
Secondary School №16 - 25 / 27, Sharipova str.  
Secondary School №112 - 131, Ratushnogo str.

## MEDEU DISTRICT



Almaty Regional Institute for Professional Development - 50, Kabylova str.  
Sports ground of the Kazakh State Agrarian University - 8 Abai Ave. Abaya Ave. 8  
Palace of Schoolchildren - 11, Dostyk Ave. Dostyk, 114  
Central Park of Culture and Rest - Gogol str. - Buzurbaeva str.  
City clinical hospital № 5 - 220, ave. Dostyk  
City polyclinic No. 1 - 33, Gogol str.  
City Children's Polyclinic №7 - 74, Kaldayakova str.  
Children's polyclinic № 6 - 26, Pushkin str.

## TURKSIB DISTRICT



Secondary School №50 - Burundaiskoe highway  
High School №162 - 150, Flotskaya str.  
Secondary School № 78 - "Altai-2" Microdistrict  
The secondary school №85 - 2a, Uritskogo str.  
City Outpatient Clinic №9 - 17, Sholokhova str.  
Departmental Hospital of Almaty Department of the Railway - 36, Akhan Serdy str.  
Municipal Clinical Hospital №4 - Papanina str. - B.Khmelniatskogo str.  
City polyclinic №13 - 97, Seyfullina str.

**To organize educational training "Actions in emergency situations",  
please, contact us**

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## PREPARATION BEFORE AN EARTHQUAKE

### "ALARM CASE" .....



- Documents
- Three day supply of food and water
- First aid kit and medicines you cannot do without
- Gas burner
- VHF radio and whistle
- Warm clothes, rain gear, baby clothes and diapers
- Flashlight and spare batteries, charger
- Petty cash
- Brochure with contacts of special services and addresses of assistance

### PREVENTIVE MEASURES .....



**Have a plan in advance in the event of a building collapse and make it available to all family members.  
Explain to them what to do in the event of a sudden collapse and how to administer first aid.**

### RECOMMENDED ACTIONS .....



First earthquake shocks:

1. Turn off the gas, water, and electricity.
2. Stand in the opening of the load-bearing wall.
3. After the first shocks are over, run out onto the street and stand away from the houses in a safe place.
4. Dress warmly in winter.
5. Look around and start moving in the direction of the house according to the route.

## DURING AN EARTHQUAKE

**Key rule: Lie down, take cover, and hold on**

Leave the room, if it takes no more than 15-20 seconds, and immediately move away from the building to an open area. Remember to bring your "alarm case".

### INDOORS



Take shelter in a pre-selected, safe place. In a multi-level house, open the door to the stairs and stand in the doorway.

If there is a danger of falling pieces of plaster, lamps, glass - hide under the table. At school - get under the desks, turn away from the windows and cover your face and head with your hands.

Keep away from windows and glass partitions, keep closer to the inner solid walls of the building.

### Forbidden!

- Do not create a crush or traffic jam at doors.
- Do not jump out the window from above the first floor.
- Do not jump through closed windows. If necessary, break the glass with a stool, in extreme cases, with your back.
- Do not use the elevator.

### OUTDOORS



- Move to an accessible area away from buildings and power lines.
- Do not run along buildings, do not enter buildings.

### IN TRANSPORT



- While driving, stop as quickly and in an open area. Do not get out of the vehicle until after the shocks are over.
- The bus driver should open the doors.
- Passengers in private cars and public transportation are safest to remain in their seats until the end of the shocks.



## AFTER THE EARTHQUAKE

- Administer first aid to those in need.
- Release those trapped in easily removable debris.
- Take care of the safety of children, the sick, the elderly, calm them down.
- Do not occupy the phone without an absolute necessity.
- Turn on your radios. Follow the directions of local authorities, disaster management authorities.
- Check for damaged water mains. Repair the fault or turn off the water supply.
- Make sure the sewer system is in working order within the building and basement before using it.
- Do not use an open fire.
- Be careful when climbing downstairs.
- Stay away from visibly damaged buildings and do not enter them.

**If additional medical or other special care is needed, wait for professionals!**

It is possible that strong aftershocks may occur again in a few days, weeks, or even months. It is impossible to accurately predict them or new earthquakes.

However, in general, as time passes after a large earthquake, the threat of aftershocks decreases. The first few hours after an earthquake are the most dangerous, so in the first two to three hours do not enter buildings unless absolutely necessary.

**Do not make up or pass on any guesses or rumors about possible next shocks. Use only official information.**

## HOW TO ACT IF YOU ARE TRAPPED

- Breathe deeply, remain calm, focus on what is most important, try to survive at all costs, and believe that help will come.
- If possible, give yourself first aid.
- Look in your pockets or nearby for objects that could help you give light or sound signals (e.g., a flashlight, a mirror, or metal objects that you can tap on a pipe or wall to attract attention).
- Try to adapt to the situation and look around, looking for a possible way out. If the only way out is a narrow utility access hole, squeeze through it.

## EMERGENCY CONTACTS



DEPARTMENT OF EMERGENCY SITUATIONS OF THE MINISTRY OF EMERGENCIES OF THE REPUBLIC OF KAZAKHSTAN.....	<b>274-16-01, 274-22-19</b>
ALMALINSKIY DISTRICT EMERGENCY DEPARTMENT.....	<b>279-48-01, 279-09-80</b>
AUEZ DISTRICT EMERGENCY DEPARTMENT.....	<b>225-20-77, 297-18-88</b>
BOSTANDYK DISTRICT EMERGENCY DEPARTMENT.....	<b>249-88-16, 293-34-76</b>
JETYSU DISTRICT EMERGENCY DEPARTMENT.....	<b>233-32-42, 233-33-45</b>
MEDEU DISTRICT EMERGENCY DEPARTMENT.....	<b>271-21-28, 271-30-50</b>
TURKSIBSKIY DISTRICT EMERGENCY DEPARTMENT.....	<b>251-43-86, 251-59-99</b>
KAZSELEZASCHITA, OPERATING BOARD.....	<b>229-04-66</b>
REPUBLICAN OPERATION AND RESCUE SQUAD.....	<b>295-79-11</b>
FIRE FIGHTING AND RESCUE SERVICE.....	<b>101</b>
RESCUE SERVICE IN ALMATY.....	<b>112, 275-39-05</b>
CRISIS MANAGEMENT CENTER.....	<b>292-38-11</b>



## WHO WE ARE

Intermark Relocation is a relocation consultancy. We provide a full range of Immigration, Relocation and Moving services to major international companies and operate worldwide.

With 30 years experience in relocating families into Russia, we have accumulated invaluable expertise and comprehensive services that allow foreign employees to smoothly and easily adapt to a new environment, a new reality and their new life on assignment.

Our team will be happy to assist you in organizing "How to Behave in an emergency situation" training session. Please, see the contacts below.



## CONTACTS

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## SOCIAL MEDIA

